

Meal Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Cold Cereal	Cream of Wheat	Eggs/Toast	Pancakes	Oatmeal	Cereal	Waffles
Lunch	Whatever	PB and Jelly	Bagels	Lunch meat	Hard boiled eggs	Tuna	Whatever

Laundry Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 st Round		Towels	Joy	Clint	Mom	Dad	Towels
2 nd Round		Sheets	Babies	Older kids			Babies

Family Job Rotations

	First	Second	Third	Fourth
Daily Personal	Get dressed Bed Made Room Clean Teeth Brushed	Get dressed Bed Made Room Clean Teeth Brushed	Get dressed Bed Made Room Clean Teeth Brushed	Get dressed Bed Made Room Clean Teeth Brushed
Trash	Kitchen	Laundry / Bedroom	Bathroom	Recycling
Dinner Prep	Set table	Cook Food / Dishwasher Sunday	Dishwasher Monday, Wednesday, Friday	Dishwasher Tuesday, Thursday, Saturday
Dinner Clean	Table cloth to laundry; wipe off table	Counter Tops; Sweep or vacuum floor	Put away food from table	Scrape and rinse plates
ZONE	Front Room; Your things around the house	Entry and Stairs; Your things around the house	Game Room; Your things around the house	Bathrooms and Hall; Your things around the house
Weekly Cleaning	Red Bathroom	Upstairs bathroom	Downstairs Windows	Vacuum and steam tile
Saturday	Clean Zone; Vacuum Room	Clean Zone	Clean Zone; Vacuum Room	Mom and Dad's Choice